Elsa's Blessings Day School

321 First St, Alexandria VA 22314 • (703) 836-9123 • info@elsasblessings.com

Infant Schedule

Time	Activity
7:00-9:00am	Dropoff / Free Play (Tummy time, fine motor skills like grasping, play gym, etc.)
9:00-9:30am	Carpet Time (Books, Songs, Toys based on weekly theme)
10:00-10:30am	Outside Time (Gross Motor Skill Development)
10:30am-12pm	Nap
12:00-2:00pm	Feeding / Diaper Changes
2:00-3:00pm	Free Play (Tummy time, fine motor skills like grasping, play gym, etc.)
3:00-4:00pm	Outside Time (Gross Motor Skill Development)
4:00-5:30pm	Feeding / Afternoon Nap
5:30-6:00pm	Pickup